

Contact information

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Angers (Main) Campus:
Ircom
23 rue Edouard Guinel – CS 10059
49136 Les Ponts-de-Cé CEDEX – France
00 33 2 41 79 64 64

Lyon Campus:
Campus Sup Alta – Ircom
38 rue Pierre Dupont
69001 LYON – France
00 33 4 28 70 66 35

<https://www.ircom.fr/>

Application information

Nomination process	Email nominee details to c.coupry@ircom.fr • Full Name • Email • Year and Program of Study (in sending institution) • Desired program and semester(s) for exchange	
Application process	1. <i>Application Program form</i> filled out 2. Passport ID page scan or (only for EU nationals) National ID card scan 3. Student ID high-resolution digital photo. No selfies 4. CV/Resume 5. Proof of French language proficiency (minimum B1 level) if only courses in French selected or Proof of English language proficiency level (minimum B2 level) if only courses in English selected – except native speakers Proof of proficiency in both languages if courses in French and courses in English selected – only in French for native English speakers 6. Proof of all-encompassing Travel/International (Health) Insurance [medical expenses (emergencies...) + medical evacuation/repatriation + Personal liability cover] 7. European Health Insurance Card scan (only for EU nationals)	
Deadlines		Nominations & Applications
	Semester 1 (Fall) or 3-week course « French as a Foreign Language for Beginners »	30 June
	Semester 2 (Spring)	30 November 30 October (Political Science Seminars)

Academic information – Academic Calendar/Key Dates /Important Dates

Fall/1st Semester	
August 27 December 6 December 7-15 December 16-20 Bank holiday/Holidays/Student vacation dates: October 26–November 3 November 11	Classes begin Classes end Revision/Reading period Final exams period All Saints Break Armistice Day
Spring/2nd Semester BA Humanities & Political Science – Political Science Seminars	
January 6 April 11 April 28-May 16 <i>Bank holiday/Holidays/Student vacation dates:</i> February 15-23 April 12-27 May 19-23	Classes begin (13-Week session courses/classes) Classes end Final exams February break Easter break Student Symposium / Theatre Festival
Spring/2nd Semester MA Communication	
January 13 June 27	Classes begin Classes end

Academic information – Grading system

Following the French grading system, students at Ircm are assessed using a 20-point grading scale, with 20 being the highest and 0 being the lowest. The pass mark is 10/20.

ECTS SCALE	FRENCH SCALE	
A	16/20 to 20/20	EXCELLENT (Mention « Très bien »)
B	14/20 to 15,99/20	VERY GOOD (Mention « Bien »)
C	12/20 to 13,99/20	GOOD (Mention « Assez bien »)
D	10/20 to 11,99/20	SATISFACTORY (« Passable »)
E	10/20	PASSING (Moyenne)
F	<10	FAILING (Échec)

Practical information – Before arriving in France

Generalities <https://www.campusfrance.org/en>

Visa <https://www.campusfrance.org/en/the-different-types-of-visas>

<https://france-visas.gouv.fr/en/>

<https://www.uk.campusfrance.org/>

Campus France UK <https://www.uk.campusfrance.org/>

Practical information – **Once arrived in France**

Validating the VLS-TS (except EU citizens)

<https://www.service-public.fr/particuliers/vosdroits/F2231?lang=en>

<https://administration-etrangers-en-france.interieur.gouv.fr/particuliers/#/>

Mandatory and free of charge online Social Security registration (except UE citizens)

■ <https://etudiant-etranger.ameli.fr/#/> (in 5 languages)

<https://www.campusfrance.org/en/registering-to-social-security>

<https://www.youtube.com/watch?v=qEpy9Xr9UKk>

https://www.youtube.com/watch?v=Q_p3s27wuoA

<https://www.youtube.com/watch?v=97rKyslDXdo&list=PL0w7W72Ail26lfqgKOT9Dxw2jdp0HUgb6&index=2>

<https://www.ameli.fr/assure/droits-demarches/etudes-stages/etudiant/french-social-security-registration-process-foreign-students>

<https://www.ameli.fr/assure/droits-demarches/etudes-stages/etudiant/student-your-medical-expenditure-coverage>

■ What documents are required for registration – on the dedicated website <https://etudiant-etranger.ameli.fr/#/> – and to obtain your certificate of provisional right to Social Security/provisional certificate of Social Security entitlement and after your free health insurance card (« carte Vitale »)?

► Basic documents to obtain your provisional certificate and your NIA (*Numéro d'Identifiant d'Attente*):

1 – Proof/Evidence of registration/enrollment in Ircom for the next academic year (Acceptance letter/Welcome letter from Ircom and enrollment certificate from Ircom)

2 – Proof/Evidence of identity (Passport or national ID card)

3 - A student visa ("visa étudiant")

► Additional documents required to complete your Social Security registration and obtain your final entitlement certificate and your NIR (*Numéro d'Inscription au Répertoire*). To finalize your registration you must, as soon as possible, deposit in your personal space the documents necessary for obtaining your certificate of final entitlement to Social Security:

4 - A vital record*. Indispensable as well for opening a Bank Account.

5 – A valid residence permit

6 - An official Banking information slip/ Bank account identification details/Basic Bank Account Number ("RIB" in French) in your name. Without RIB, the amount of health care payments that you have advanced to health professionals can not be reimbursed. In order to obtain a « RIB » you will have to open in Angers a Bank Account on arrival in France.

*- A long-form/complete birth certificate or

- A short-form birth certificate showing your parents' information (or any document issued by a consulate) or

- A family record book (« livret de famille »)

This *vital record* must be translated in French¹ and legalized or apostilled²

«The legalization of a document established abroad makes it possible to attest its authenticity with a view to a procedure in France».

We recommend that you bring several copies of this *vital record*.

- «Once you have your temporary number you are immediately entitled to the reimbursement of your medical expenses by the French health insurance system (health and maternity insurance). Then you will receive your permanent social security number».
- Then create your «compte Ameli»
 - <https://www.ameli.fr/>
 - [https://assure.ameli.fr/PortailAS/appmanager/PortailAS/assure? somtc=true](https://assure.ameli.fr/PortailAS/appmanager/PortailAS/assure?_afPfm=somtc=true) or
 - Download the application ameli (from AppStore ou GooglePlay) or
 - Phone 3646 or 0 974 753 646 (English).
- Then ask for your « carte Vitale » (form sent to you by mail): complete the form with ameli app or send it completed by mail.

After this registration you will have to choose your primary care physician/a referring doctor

<https://www.ameli.fr/assure/droits-demarches/etudes-stages/etudiant/french-social-security-registration-process-foreign-students>

<https://www.ameli.fr/assure/droits-demarches/etudes-stages/etudiant/student-your-medical-expenditure-coverage>

<https://www.ameli.fr/assure/remboursements/etre-bien-rembourse/medecin-traitant-parcours-soins-coordonnes>

<https://www.ameli.fr/assure/droits-demarches/principes/choisir-et-declarer-votre-medecin-traitant>

You have an European Health Insurance Card (EHIC) or a temporary replacement certificate (UE/EEA or Switzerland citizens)

- «You will obtain reimbursement of your medically necessary treatment in France as in your own country».
 - «Ask your local social security for an European Health Insurance Card, before you come to France as proof of membership in an european health insurance scheme. You will not need to register online on <https://etudiant-etranger.ameli.fr/#/> when you arrive in France. You will submit this card to the health professionnels and healthcare facilities you will go to».
 - If you need medical care, you must contact the local Health Insurance Fund [CPAM (Caisse Primaire d'Assurance Maladie) – 32 Rue Louis Gain – 49937 ANGERS] in order to be registered and to benefit from the reimbursement of your health expenses.
- Send/File/Submit the following supporting documents to this CPAM:
- your European Health Insurance Card (EHIC) or its temporary replacement certificate;
 - An enrollment certificate at Ircom;

¹ Transaltions accepted :

- Traducteur assermenté auprès des Cours d'Appel ou de la Cour de Cassation françaises
- CLEISS (Centre des Liaisons Européennes et Internationales de Sécurité Sociale)
- Consulat de France dans le pays étranger où l'acte a été dressé
- Consulat en France du pays où l'acte a été dressé
- Ambassade du pays de naissance
- Traducteur juré habilité de la Région Alsace-Moselle
- Traducteurs de l'Alliance Française

² https://www.prefecturedepolice.interieur.gouv.fr/sites/default/files/Documents/TABLEAU%20APOSTILLE-LEGALISATION_0.pdf

- An official banking information slip/bank account identification details/basic bank account number ("RIB" in French) in your name;
- a certificate stating that the student is financially supported by his/her parents.
- Then create your «compte Ameli»
- <https://www.ameli.fr/>
<https://assure.ameli.fr/PortailAS/appmanager/PortailAS/assure? somtc=true> or
- Download the application ameli (from AppStore ou GooglePlay) or
- Phone 3646 or 0 974 753 646 (English)

Practical information – Location

Les Ponts-de-Cé <https://www.lespontsdece.fr/>

Angers <https://www.angers.fr/>
<https://www.angers-developpement.com/>
<https://www.angersloiremetropole.fr/>
<https://www.maine-et-loire.fr/>

Angers national rankings

2024: 2nd best student city (*palmarès Le Figaro*)
 1st students' favorite city and 6th best student city (*l'Étudiant*)
 1st best city where life is good – as in 2023, 2022 – (*Villes et villages où il fait bon vivre*)
 2023: 1st students' favorite city (*l'Étudiant*)
 1st greenest city – as in 2020, 2017 – (*Observatoire des villes vertes*)
 1st attractive & resilient middle-sized/medium metropolis (*Arthur Lloyd Barometer*)
 2020: 1st best medium student city (*Le Figaro Étudiant*)

Angers certifications/labels and distinctive features

2023 : label Innovative and Sustainable Destination (*France Congrès et Evénements*)
 2022: 1 of the 112 selected climate-neutral and smart cities by 2030 (*EU Mission – NetZeroCities*)
 Tree City of the World

Lyon <https://www.lyon.fr/>
<https://www.grandlyon.com/>
<https://www.rhone.fr/>

Ircom rankings and certifications/labels

2023: 9th rank Happy At School (*ChooseMyCompany*),
 Label Happy At School

Lyon national rankings

2024 : 6th best student city (*l'Étudiant*)
 2023 : 5th students' favorite city (*l'Étudiant*)
 4th greenest city (*Observatoire des villes vertes*)
 2nd most attractive & resilient very large cities (*Arthur Lloyd Barometer*)
 2022: 1st most attractive & resilient very large cities – since 2017 – (*Arthur Lloyd Barometer*)
 2021: 2nd best student city "good to live in" (*l'Étudiant*)
 2020: 2nd best French biggest student city (*Le Figaro Étudiant*)

Lyon international rankings

2024: 25th world's most liveable city (*The Economist – Global Liveability Index*)
 2023: 13th world's city for sustainable tourism (*GDS-Index: Global Destination Sustainability Movement*)
 2021: 1st World's Leading Emerging Tourism Destination (*World Travel Awards*)

How to get to Angers?

- If you arrive to *Roissy Charles de Gaulle* airport (busiest French airport) you have 2 ways:
 - The best one is, if possible for you, is to take a direct train in the airport TGV train/rail station to *Angers Saint-Laud* station

<https://easycdg.com/tgv-train-paris-cdg-airport-charlesdegaulle/>

- The other would be to go to *Montparnasse* train/rail station

<https://www.parisaeroport.fr/en> («To & From»)

<https://easycdg.com/transport-cdg-airport-charlesdegaulle/>

and from *Montparnasse* to take a TGV to Angers.

- If you arrive to *Paris Orly* airport you have to go to *Montparnasse* train/rail station in Paris

<https://www.parisaeroport.fr/en> («To & From»).

From *Montparnasse* to *Angers Saint-Laud* train/rail station the voyage duration by TGV is, at best, 1 hr 20 min.

- If you arrive to *Nantes Atlantique* airport <https://www.nantes.aeroport.fr/en/homepage> (nearest International airport from Angers) you have to go *Nantes* train/rail station by shuttle bus. From *Nantes* train/rail station to *Angers Saint-Laud* train/rail station the voyage duration by TGV is at best, 36 min.

- To book and purchase train tickets: <https://www.sncf-connect.com/>

How to get to Lyon?

- From Paris: you have to go to *Gare de Lyon* train/rail station. From *Gare de Lyon* train/rail station to *Lyon Part Dieu* train/rail station the voyage duration by TGV is at best, 1 hr 56 min.

- By Air: <https://www.lyonaeroports.com/en>

Practical information – Angers Accommodation/Housing

General information

- 2 tips for finding your accommodation:

- for short stays (term, semester) the best solution is a Hall of Residence;
- look for furnished accommodation (it's the case of Halls of Residence).

- <https://www.campusfrance.org/en/student-housing-france>

- You may receive a monthly housing fund/aid/assistance from French Government.

The government of France may provide this financial assistance/rent subsidy for housing to foreign students by refunding a portion of your rent each month. The residence/owner may help you to request it.

This service is provided through *the Caisse d'Allocations Familiales*. Instructions on how to apply can be found on this website: <https://wwwd.caf.fr/>

- <https://www.angers.fr/vivre-a-angers/jeunes-a-angers/je-deviens-autonome/trouver-un-logement/index.html>

<https://angers.uco.fr/fr/se-loger-angers>

<https://bienvenue.univ-angers.fr/fr/vie-pratique/logement.html>

<https://bienvenue.univ-angers.fr/en/practical-information/accommodation.html>

<https://www.crous-nantes.fr/se-loger/je-cherche-un-logement/logements-hors-des-residences-crous-plusieurs-formules-possibles-pour-les-etudiants/>

<https://www.etudiant.gouv.fr/fr/vous-loger-hors-residence-universitaire-1483>

<https://www.locservice.fr/>

<https://www.locservice.fr/actualites/pays-de-la-loire-le-marche-du-logement-etudiant-en-2022-9831.html>

- Average of €350 per month for a room;
€450 per month for a room studio apartment (one-room apartment);
€350 to €650 per month for a non-profit young worker's residence hall;
€550-€650 per month for a private for-profit residence hall.

Student Private Halls of Residence

■ FOYER MÉRICI

Girls – non-profit catholic residence hall

62 rue Mirabeau – 49000 Angers

<https://www.foyer-etudiants-merici.com/>

0033 2 41 25 35 00 contactfoyermerici@gmail.com

■ MAISON D'ACCUEIL DE LA CITÉ

Girls – non-profit catholic residence hall – downtown – affordable

4 rue du Vollier – 49100 Angers

<http://fcscjfrance.org/maisonaccueillacite/>

0033 2 41 87 65 07 maison.accueil.cite@hotmail.fr

■ FOYER SAINTE VICTOIRE (Foyer des Augustines)

Girls – non-profit catholic residence hall – near downtown – only for year-long stay – affordable

35 Rue de la Madeleine – 16 rue St Léonard – 49000 Angers

Contact: Sœur Marie-Christine 0033 2 41 25 30 81 etudiantes.augustines49@gmail.com

■ MAISON D'ACCUEIL DE LA BLANCHERAIE

Girls – non-profit catholic residence hall – affordable

4 bis rue de l'Esvière – 49100 Angers

<http://fcscjfrance.org/la-blancheraie/>

0033 6 45 30 55 48 – 0033 2 41 88 07 42 n.cotillon@wanadoo.fr

■ CENTRE LES SOURCES

Girls – non-profit catholic residence hall – affordable

9 rue de la Meignanne – 49100 Angers

<https://soeursmissionnairesdelevangile.wordpress.com/locations-de-chambres-etudiants-angers/>

0033 2 41 48 22 48 location@cgr-sme.org Sœur Olgan

■ FOYER JEAN-PAUL II

Girls – non-profit catholic residence hall – Communauté du Chemin Neuf – only for year-long stay – affordable

12 rue Saumuroise – 49000 ANGERS

Abbé Emmanuel DAUBLAIN 00 33 2 41 66 43 44

<https://www.foyersetudiants.org/fr/angers-jeanpaul2>

■ MAISON ST VINCENT

Girls – non-profit catholic residence hall – only for year-long stay – affordable

Communauté du Bon Pasteur – 3 impasse de Tournemine – 49100 Angers

<https://www.bonpasteur.com/actualites/vivre-a-st-vincent>

Sœur Madiha GABE 0033 2 41 22 48 79, 0033 7 84 59 84 36 srmadihac@yahoo.com

■ FOYER SAINT FRANÇOIS-XAVIER

Boys – non-profit catholic residence hall – only for year-long stay – affordable

47 rue Volney – 49000 Angers

<https://www.jeunescathos49.fr/proche-uco-esa-centre-ville-foyer-saint-francois-xavier-garcons>

Contact: Abbé Régis Bompérin 0033 2 41 88 75 22 foyersaintfrancoisxavier@diocese49.org
rbomperin@diocese49.org

■ MAISON FAMILIALE ST JOSEPH

Non-profit catholic residence hall – only for year-long stay – affordable

rue Volney – 49100 ANGERS

Contact: Hélène DANJOU 0033 6 85 35 04 61 Ah.danjou@hotmail.fr

■ FOYER SAINT-AUBIN

Non-profit catholic residence hall – downtown: in front of the Castle! – affordable

22 rue Donadieu de Puycharic – 49100 Angers

<https://www.foyersaintaubin.fr/>

Contact: Marie CHARETON 0033 9 81 35 25 25 info@foyersaintaubin.fr

■ FOYER FRASSATI

Non-profit catholic residence hall – Communauté de l’Emmanuel – downtown – only for year-long stay – affordable

2 rue Saint Eutrope – 49100 Angers

<https://foyersemmanuel.com/angers/>

■ IRCOM

Non-profit catholic residence hall – Ircom on-campus accommodation/housing – only for year-long stay – affordable

23 rue Edouard Guinel – 49130 Les Ponts-de-Cé

Contact: Margaux DANDO m.dando@ircom.fr

■ FOYER DE L’ESVIÈRE

Non-profit residence hall

2 bis rue de l’Esvière – 49100 Angers

www.foyesviere.com

0033 2 41 88 94 25 foyer.esviere@free.fr

■ RÉSIDENCE MARGUERITE D'ANJOU

Girls – non-profit young worker’s residence hall – downtown – affordable

52 boulevard du Roi René – 49100 Angers

<https://www.assomargueritedanjou.com/marguerite-d-anjou>

Contact: Madame Jasmine BOUGHNIM. Indicate that you will be an Ircom exchange student and that Ircom recommends this residence hall 0033 2 41 20 24 00 accueil@assomargueritedanjou.com
logement@assomargueritedanjou.com

Application is done through the completion of the online form

■ RÉSIDENCE LE QUINCONCE

Non-profit young worker’s residence hall – downtown – affordable

7 rue du Quinconce – 49100 Angers

<https://www.assomargueritedanjou.com/le-quinconce>

Contact: Madame Jasmine BOUGHNIM. Indicate that you will be an Ircom exchange student and that Ircom recommends this residence hall 0033 2 72 47 10 10
accueil.lequinconce@assomargueritedanjou.com logement@assomargueritedanjou.com

Application is done through the completion of the online form

■ HABITAT JEUNES DAVID D'ANGERS

Non-profit young worker’s residence hall – downtown – affordable

22 rue David d'Angers – 49100 Angers

<https://www.fjt-da-angers.org/>

0033 2 41 24 37 37 accueil@fjt-da-angers.fr

■ VILLA AMIRAL - FONCIÈRE DU CLOS

For-profit residence hall – near downtown

10 rue Dupetit Thouars – 49000 Angers

10 rue Rabelais – 49000 Angers

0033 2 41 81 02 13

0033 6 25 31 26 40

Email the contact person David MANSO and tell him that you are referred by Ircom

david.manso@groupe-immovation.com

<https://www.adele.org/residence/1373/villa-amiral-fonciere-du-clos-1373/angers-49>

■ RÉSIDENCE DE BRISSAC

For-profit residence hall – near downtown

44 rue de Brissac – 49000 Angers

<https://www.vivapart.com/residence-brissac/>

0033 2 41 68 77 00 etudiants@podeliha.fr

■ RÉSIDENCE MADIBA

For-profit residence hall – near downtown – affordable

76 rue Chèvre – 49000 Angers

<https://www.vivapart.com/residence-madiba/>

0033 2 41 68 77 00 etudiants@podeliha.fr

■ LES ESTUDINES ANGERS SAINT LAUD

For-profit residence hall – near downtown

1 rue Charlotte Delbo – 49100 ANGERS

<https://www.estudines.com/residence-logement-etudiant-angers-37-354.html>

0033 2 41 27 63 34 angers.saintlaud@estudines.com

■ STUDEA SAINT-SERGE

For-profit residence hall – near downtown

5 place François Mitterrand – 49100 Angers

<https://www.nexity-studea.com/locations-etudiantes/angers/studea-saint-serge-po0000117>

jmalevre@nexity.fr Online Registration

■ MGEL LOGEMENT- RESIDENCE DE LA MAINE

For-profit residence hall – near downtown

18 allée François-Mitterrand – 49100 Angers

www.mgellogement.fr

0033 2 41 21 59 53 lea.marteau@mgellogement.fr

■ RÉSIDENCE INTERNATIONALE SAINT-SERGE

For-profit residence hall – near downtown

12 avenue des Droits-de-l'Homme – 49100 Angers

www.fac-habitat.com

0033 2 41 88 27 04 conseiller.fh11@fac-habitat.com

■ RÉSIDENCE MILLOT

For-profit residence hall

20 boulevard Jacques Millot – 49000 Angers

<https://www.vivapart.com/residence-millot/>

0033 2 41 68 77 00 etudiants@podeliha.fr

■ RÉSIDENCE LES CHAMPS VERTS

For-profit residence hall

5 rue du Bocage – 49000 Angers

<https://www.vivapart.com/residence-les-champs-verts/>

0033 2 41 68 77 00 etudiants@podeliha.fr

■ RÉSIDENCE CAMBRIDGE

For-profit residence hall

77 bis et ter rue des Ponts de Cé – 49000 Angers

<https://residencecambridge.over-blog.com/>

0033 6 60 48 20 32 / 0033 2 41 44 02 38 residencecambridge@orange.fr

■ RÉSIDENCE UNIVERSITAIRE ATHLÉTIS

For-profit residence hall – near Ircor – affordable

53 rue des Perrins – 49130 Les Ponts de Cé

<https://www.residence-universitaire-athletis.fr/>

0033 2 41 79 21 21 residence.athletis@orange.fr

Other possibilities

■ PRIVATE (RENTED) ACCOMMODATION/HOUSING – owners known by Ircom or who contact Ircom

Cécile CARREL 0033 6 51 16 65 98 cecile.carrel24@gmail.com tell her that you are referred by Ircom

■ PRIVATE (RENTED) ACCOMMODATION/HOUSING

You can try with Airbnb, but it's expensive

Ads sites (student accommodation)

<https://www.lokaviz.fr/>

<https://www.location-etudiant.fr/>

<https://www.locservice.fr/>

<https://www.adele.org/>

<https://www.smebhabitat.fr/>

Ads sites

<https://gensdeconfiance.com/fr/recherche>

<http://www.ouestfrance-immo.com/>

<https://www.fnaim.fr/>

<https://www.bienici.com/>

<https://www.seloger.com/>

<https://www.logic-immo.com/>

<https://www.locservice.fr/>

<https://www.pap.fr/>

<https://www.leboncoin.fr/>

www.roomlala.com

Informational sites

<http://unpi.org>

■ INTERGENERATIONAL HOME SHARING/HOUSING

www.letempspourtoit.fr - 0033 2 40 29 14 82

<https://www.colibree.fr/>

Practical information – Lyon Accommodation/Housing

See: <https://www.ucl.fr/vie-etudiante/vie-pratique/se-loger/offres-logement-pour-etudiants-ucl/>

Contact: Anne BONNET-EYMARD a.bonnet-eymard@ircom.fr

Foyer Paul Couturier	https://www.foyersetudiants.org/fr/lyon2-couturier/projet	10 rue Henri IV - 69002 LYON 07 83 07 28 93 (Père Mustapha AMARI) - foyerpaulcouturier@chemin-neuf.org	Catholic Hall of Residence (mixed)	Only year-long stay
Centre Scolaire Ozanam	http://www.ozanamlyon.fr/	60 rue Vauban - 69 006 LYON 04 78 52 27 99 contact@ozanamlyon.fr	Catholic Hall of Residence	Only year-long stay (perhaps some availabilities for 2 nd Semester)
Foyer Saint Pothin	https://www.jeunescathoslyon.fr/foyer/paroisse-saint-pothin/	127 rue de Créqui - 69006 LYON 06 06 51 01 38 thierry.villemagne@dbmail.com	Catholic Hall of Residence (mixed)	Only year-long stay
Foyer Marie-Thérèse	https://www.foyersetudiants.org/fr/lyon5-marietherese	59, montée du Chemin Neuf - 69005 LYON 07 87 03 10 57 foyermarytherese@chemin-neuf.org	Catholic Hall of Residence (mixed)	Only year-long stay

Foyer Saint Antoine	https://www.jeunescathoslyon.fr/foyer/foyer-saint-antoine/	302 avenue Jean Jaurès - 69007 LYON thomas88.samson@gmail.com	Catholic Hall of Residence (mixed)	Only year-long stay
Centre En Guedi	https://centrenguedi.wixsite.com/centre-catholique/foyer-des-etudiants	131 Boulevard Yves Farge - 69007 LYON 06 51 25 05 43 frere.benoit.m@gmail.com	Catholic Hall of Residence (boys)	Only year-long stay

Maison de Chavril	http://www.maisonchavril.fr/	19 rue de Chavril 69110 Sainte-Foy-lès-Lyon +33 4 78 25 66 17 +33 (0)7 82 65 25 78 (Père Przemek Koscianek) maison.chavril@gmail.com	Catholic Hall of Residence (mixed)	Only year-long stay
CCU SAINT MICHEL	https://www.foyers-catholiques.org/foyer/ccu-saint-michel/	46 rue du professeur Grignard - 69007 Lyon +33 (0)6 51 25 37 08 +33 (0)6 81 18 62 90 (Père Olivier PETIT) cculyon@free.fr	Catholic Hall of Residence (mixed)	Only year-long stay
Foyer Sainte-Croix		Paroisse Sainte Marie en Presqu'île 27 rue de Condé - 69002 Lyon +33 (0)7 49 22 21 52 (Grégoire de Langautier) saintecroixfoyer@gmail.com	Catholic Hall of Residence (mixed)	Only year-long stay
Alive	http://www.alive-villeurbanne.fr/		Catholic Hall of Residence (mixed)	Only year-long stay

Religieuses de l'Assomption Lyon Croix Rousse	https://assomption-ra.fr/	24 rue Bournes - 69004 Lyon +33 (0)4 78 29 90 10 (Sr Anne-Flore) lyon-foyer@assomption-ra.fr	Catholic Hall of Residence (girls)	Only year-long stay
Foyer L'Alauda	http://www.foyers-etudiants-lyon.com/pages/repertoire-des-foyers/foyer-l-alauda.html	22-24 rue Ney - 69006 Lyon +33 (04) 78 89 00 03 / +33 (06) 73 95 25 15 scjfoyer@f-alauda.com	Catholic Hall of Residence (girls)	Only year-long stay
Foyer Jésus-Marie	http://www.foyer-jesus-marie-lyon.fr/Bienvenue.html	2 place Fourvière - 69005 LYON +33 (04) 78 25 11 66 direction@foyer-jesus-marie-lyon.fr	Catholic Hall of Residence (girls)	Only year-long stay
Foyer « Les Terrasses »	http://www.foyerlesterrasses.ccf.fr/	10, Place Puvis de Chavannes - 69006 LYON +33 (0)4 72 69 82 80 puvis.de.chavannes@wanadoo.fr	Catholic Hall of Residence (girls)	Only year-long stay
Foyer paroissial de l'Annonciation	https://www.paroissedeவைசை.fr/foyer-etudiant-de-lannonciation/	Paroisse Saint Gabriel de Vaise 3 boulevard Antoine de Saint-Exupéry - 69009 Lyon +33 (0)4 78 83 77 98 (Anne STERN) foyeretudiant@paroissedeவைசை.fr	Catholic Hall of Residence (mixed)	Only year-long stay

Tim et Colette

10, place des Archives 69 286 Lyon Cedex 02

Tél : 04 26 84 49 36 – 06 81 14 82 65

contact@timetcolette.fr
www.timetcolette.fr

Le Pari Solidaire Lyon

59, rue Antoine Charrial 69 003 Lyon
Tél : 04 78 83 54 42 – 06 10 33 15 49
association.leparisolidairelyon@neuf.fr
www.leparisolidairelyon.org

<https://www.a2ages.fr/>
0033 428 29 65 49

Practical information – Tourism – Angers campus

An Area of outstanding universal cultural value: History, Châteaux, Gardens, Vineyards...

Cradle of the Plantagenet dynasty (Eleanor of Aquitaine, Richard I known as “Richard the Lionheart”...)

Anjou reigned in England, Jerusalem, Naples, Sicily, Hungary; founded Montreal...

Within a radius of around 150 kilometres (93 miles) lived all French monarchs in the XV and XVI centuries, Saint Hilary of Poitiers, Saint Martin of Tours, Saint Gregory of Tours, Joan of Arc, Leonardo da Vinci, François Rabelais, Joachim Du Bellay, Pierre de Ronsard, Honoré de Balzac, Alfred de Vigny, Jules Verne, Antoine de Saint-Exupéry, Anatole France, Jean Bodin, René Descartes, Théophraste Renaudot, Ambroise Paré, René Laennec, Denis Papin, Amédée Bollée, Louis Renault, Bertrand Du Guesclin...

The Loire Valley wine region is the 3rd French vineyard AOC/AOP (*Appellation d'Origine Contrôlée / Appellation d'Origine Protégée* – Protected Designation of Origin)

Les Ponts-de-Cé

<https://www.lespontsdece.fr/>

Angers

- <https://www.tourisme.destination-angers.com/en>
- <http://www.angers.fr/>
- <https://www.collegiale-saint-martin.fr/>
- <https://archives.maine-et-loire.fr/decouvrir-et-apprendre/parcourir-lhistoire-de-lanjou>

Department of Maine-et-Loire

- <https://www.anjou-tourisme.com/fr>
- <https://www.anjou-loire-valley.co.uk/>

Region of Pays de la Loire

- <https://www.enpaysdelaloire.com/>
- <https://www.atlantic-loire-valley.com/>

Loire Valley

- <https://loirevalley-worldheritage.org/>
- <https://www.loirevalley-france.co.uk/>
- <https://www.touraineloirevalley.co.uk/>
- <https://www.loirebybike.co.uk/>

Practical information – Tourism – Lyon campus

Lived in Lyon the roman emperors Claude, Caracalla and Gratien; François Rabelais; Antoine de Jussieu; Jean-Baptiste Say; André-Marie Ampère; the brothers Auguste et Louis Lumière; Antoine de Saint-Exupéry; Paul Bocuse; Saint Irenaeus; Saint Blandina; Blessed Pauline Jaricot; Blessed Frédéric Ozanam...

Lyon

- <https://en.lyon-france.com/>
- <https://www.grandlyon.com/>
- <https://lugdunum.grandlyon.com/fr/>

Department of Rhône

<https://www.rhonetourisme.com/>

Region of Auvergne Rhône-Alpes

<https://www.inauvergnerrhonealpes.com/en/>

Practical information – Transportation

Angers

- Transportation pass in Angers (bus + tram): €29 per month <https://www.irigo.fr/>
- City bike in Angers: free <http://www.angers.fr/vivre-a-angers/voirie-deplacements/le-velo/velocite/index.html>
- Electric bikes and scooters (*trottinettes électriques*):
<https://getapony.com/fr>
<https://www.kr-mobility.fr/>
- Regional bus: <https://aleop.paysdelaloire.fr/>
- Regional trains: <https://aleop.paysdelaloire.fr/transport-en-train-ter>
<https://www.sncf-connect.com/>

Lyon

- Transportation pass in Lyon (bus + tram + metro): €25 per month <https://www.tcl.fr/>
- Bikes and electric bikes <https://velov.grandlyon.com/fr/home>
- Electric bikes and scooters (*trottinettes électriques*):
Dott <https://ridedott.com/fr>
Tier : <https://www.tier.app/fr/>
- Carpooling <https://encovoit-grandlyon.com/>
- Regional bus: <https://www.auvergnerrhonealpes.fr/253-transport-interurbain-cars-region.htm>
- Regional trains: <https://m.ter.sncf.com/auvergne-rhone-alpes>
<https://www.sncf-connect.com/>

Domestic Intercity bus and international bus lines

FlixBus <https://www.flixbus.fr/>

BlablaBus <https://www.blablacar.fr/bus>

National carpooling: BlaBlaCar <https://www.blablacar.fr/>

National trains: TGV (High-Speed Rail) <https://www.sncf-connect.com/>

Practical information – Budget/Cost of Living/ Living costs

Angers

An average budget/Expenses/The total estimated cost of living for a student is roughly **€1 000 per month** to cover basic needs (accommodation, food, transportation, phone plan, sport and leisure, tourism, miscellaneous).

Budget estimate for students

<https://www.campusfrance.org/en/preparing-budget-student-France>
<https://www.philippines.campusfrance.org/preparing-your-student-budget>

Lyon

An average budget/Expenses/The total estimated cost of living for a student is roughly €1 000 per month to cover basic needs (accommodation, food, transportation, phone plan, sport and leisure, tourism, miscellaneous).

<https://gaelis.fr/cout-de-la-rentree-2021/>

Budget estimate for students <https://www.campusfrance.org/en/preparing-budget-student-France>